

LAUREL CREEK TRACK & FIELD CLUB

Updated December 30, 2009

INDOOR RECORDS - FEMALE

* Hand Time

SPRINT HURDLES

50mH	B	Unclaimed	-	-	-
	M	Mari Fourie	7.90	York	2003
	Y	Mari Fourie	7.77	York	2006
55mH	Jr	Deniece Bell	8.19	Notre Dame	1996
60mH	B	Micaela McLean	10.10	York	2009
	M	Stephanie Wenner	9.18	York	1997
	Y	Stephanie Wenner	8.94	York	1999
	Jr	Deniece Bell	8.88	York	1996
	Sr	Maisie Hahn	8.87	Windsor	1997

SPRINTS

50m	B	Katie Neal	7.2*	London	1996
	M	Mandy Kline	6.7*	London	1996
		Mari Fourie	6.95	York	2004
		Olivia Charnuski	6.95	York	2005
		Y	Michelle Brydson	6.7*	London
	Y	Mari Fourie	6.95	York	2004
		Olivia Charnuski	6.95	York	2005
		Jr	Deniece Bell	6.6*	London
	Sr	Deniece Bell	6.6*	London	1996
	55m	Jr	Shannon Byers	7.80	Notre Dame
Sr		Sue Seymour	6.96	Kansas	1996
60m	B	Angela Mercurio	8.43	York	2009
	M	Stephanie Wenner	8.01	York	1997
	Y	Chisomo Mchaina	7.72	York	2009
	Jr	Sue Merlau(Seymour)	7.79	York	1994
	Sr	Sue Merlau(Seymour)	7.43	Notre Dame	1997

200m	B	Angela Mercurio	28.76	York	2008
	M	Deniece Bell	25.9*	York	1994
		Mari Fourie	26.26	Windsor	2004
	Y	Chisomo Mchaina	25.46	York	2009
	Jr	Chisomo Mchaina	26.46	York	2009
Sr	Sue Merlau (Seymour)	24.73	Notre Dame	1997	
300m	B	Angela Mercurio	48.38	London	2008
	M	Deniece Bell	41.3*	London	1994
	Y	Sue Berg	41.1*	London	1991
	Jr	Deniece Bell	39.50	London	1996
	Sr	Deniece Bell	39.50	London	1996
400m	B	Jessica Buttinger	01:04.20	York	2005
	M	Deniece Bell	59.01	York	1994
	Y	Maddie Buttinger	57.32	Windsor	2006
	Jr	Deniece Bell	55.48	Notre Dame	1996
	Sr	Deniece Bell	55.48	Notre Dame	1996
500m	Sr	Nadia Schmiedt	01:13.10	Notre Dame	1997
600m	B	Lauren Fleislig	01:56.26	Scarborough	2009
	M	Jessica Buttinger	01:38.70	York	2007
		Sue Berg	01:36*	London	1991
		Jessica Buttinger	01:38.70	York	2007
	Jr	Sue Berg	01:35.6*	London	1993
	Sr	Pauline Fox	01:33.75	York	1996
800m	B	Jessica Buttinger	02:27.44	York	2005
	M	Jessica Buttinger	02:20.07	York	2006
	Y	Jessica Buttinger	02:15.23	York	2008
	Jr	Sue Berg	02:16.51	York	1991
	Sr	Jill Mallon	02:13.10	Virginia, USA	1992
1000m	B	Unclaimed	-	-	-
	M	Jamie Phelan	03:08.48	York	2009
	Y	Adrienne Wilson	03:08.30	U of T	2008
	Jr	Marcie Good	02:59*	Toronto	1990
	Sr	Marcie Good	02:59*	Toronto	1990
1500m	B	Jessica Buttinger	05:33.78	York	2004
	M	Jamie Phelan	04:54.99	York	2009

	Y	Jessica Buttinger	04:49.15	York	2009
	Jr	Marcie Good	04:44.5*	York	1990
	Sr	Marcie Good	04:32.35	Skydome	1993
3000m	B	Unclaimed	-	-	-
	M	Jamie Phelan	10:31.37	York	2009
	Y	Jamie Phelan	10:31.37	York	2009
	Jr	Jamie Phelan	10:31.37	York	2009
	Sr	Carol Henry	09:16.81	US	2002

RELAYS

4x200	B	Emily Buttinger, Danielle Buttinger, Lauren Fleislig, Angela Mercurio	02:00.10	York	2009
	M	Maddie Charnuski, Chisomo McHaina, Becca Zillio, Jessica Buttinger	01:50.82	York	2007
	Y	Mari Fourie, Emma Glofcheski, Maddie Buttinger, Linsey Austin	01:48.44	York	2005
	Jr	Sue Seymour, Tracey Heinbecker, Deniece Bell, Nadia Schmiedt	01:44*	London	1994
	Sr	Deniece Bell, Nadia Schmiedt, Maisie Hahn, Sue Berg	01:46*	Windsor	1993
4x400	B	Rebecca Stephens, Landon Jennings, Monica Mazur, Victoria Jones	04:49.60	York	2007
	M	Linsey Austin, Emma Glofcheski, Maddie Buttinger, Jessica Buttinger	04:11.07	York	2004
	Y	Linsey Austin, Emma Glofcheski, Maddie Buttinger, Jessica Buttinger	04:11.07	York	2004
	Jr	Linsey Austin, Emma Glofcheski, Maddie Buttinger, Jessica Buttinger	04:11.07	York	2004
	Sr	Liz Toman, Deniece Bell, Jill Mallon, Pauline Fox	03:54.06	Notre Dame	1996
4x800	B	Unclaimed	-	-	-
	M	Unclaimed	-	-	-
	Y	Tegan Stairs, Danielle Mason, Sarah McCuaig, Sarah Bell	10:06.80	York	2007
	Jr	Tegan Stairs, Danielle Mason, Sarah McCuaig, Sarah Bell	10:06.80	York	2007
	Sr	Tegan Stairs, Danielle Mason, Sarah McCuaig, Sarah Bell	10:06.80	York	2007

1600 Medley

B	Emily Buttinger, Danielle Buttinger, Angela Mercurio, Lauren Fleislig	04:55.82	York	2009
M	Mari Fourie, Emma Glofcheski, Maddie Buttinger, Jessica Buttinger	04:20.77	York	2004
Y	Maddie Charnuski, Becca Zilio, Jelissa Westney, Jessica Buttinger	04:15.29	York	2009
Jr	Sarah Ferguson, Olivia Charnuski, Maddie Buttinger, Jessica Buttinger	04:15.55	York	2006
Sr	Sarah Ferguson, Olivia Charnuski, Maddie Buttinger, Jessica Buttinger	04:15.55	York	2006

FIELD

Long Jump	B	Jessica Buttinger	4.40	York	2004
	M	Samantha Stevens	5.04	York	2005
	Y	Maddie Buttinger	5.27	Windsor	2006
	Jr	Maddie Buttinger	5.27	Windsor	2006
	Sr	Maddie Buttinger	5.27	Windsor	2006
Triple Jump	B	Darian Moore	8.80	London	2008
	M	Heather Lourenco	10.18	Windsor	2007
	Y	Lindsay Oxby	10.70	Windsor	2007
	Jr	Lindsay Oxby, Tomiezel Barry	10.70	Windsor, York	2007, 2009
	Sr	Lindsay Oxby, Tomiezel Barry	11.70	Windsor, York	2007, 2010
High Jump	B	Angela Mercurio	1.55	York	2009
	M	Maddie Buttinger	1.62	York	2004
	Y	Maddie Buttinger	1.76	New York	2006
	Jr	Maddie Buttinger	1.76	New York	2006
	Sr	Maddie Buttinger	1.76	New York	2006
Shot Put	B	Natalie Buttinger	7.13	York	2004
	M	Jessica Buttinger	7.69	York	2007
	Y	Maddie Buttinger	8.38	York	2006
	Jr	Lianne Coombe	14.02	York	1999
	Sr	Liz Toman	16.38	Colorado	2001
Multi (Tet)	B	Jessica Buttinger	1485	York	2004
	M	Maddie Buttinger	2466	York	2004
Multi(Pent)	Y	Maddie Buttinger	3470	New York	2006
	Jr	Maddie Buttinger	3470	New York	2006

INDOOR RECORDS - MALE

SPRINT HURDLES

55mH	Sr	Luc Van Grootel	7.77	Univ Kansas	1993
50mH	B	Unclaimed			
	M	Asa Ambrose	7.31	York	2006
	Y	Asa Ambrose	7.14	York	2007
60mH	B	Aaron Stemmler	10.11	York	2008
	M	Asa Ambrose	8.53	Windsor	2006
	Y	Asa Ambrose	8.14	York	2008
	Jr	Asa Ambrose	8.57	Windsor	2007
	Sr	Adrian Woodley	7.75	York	2001

SPRINTS

50m	B	Michael Crossley	6.6*	London	1997
	M	Nigel Williams	6.3*	London	1996
	Y	Anton Atkins	6.15	York	1993
	Jr	Anton Atkins	6.15	York	1993
	Sr	Sean McKillop	5.97	York	1993
55m	Sr	Sean McKillop	6.45	Lexington KY	1993
60m	B	Tyler Marshall	8.14	Windsor	2001
	M	Michael Ogan	7.20	Windsor	1993
	Y	Anton Atkins	7.05	Windsor	1993
	Jr	Rich Messam	7.01	Windsor	1993
	Sr	Sean McKillop	6.78	York	1995
200m	B	Shomesh Chaudhuri	28.00	Windsor	2003
	M	Dwayne Harriot	23.68	York	2001
	Y	Asa Ambrose	23.05	York	2008
	Jr	Asa Ambrose	24.05	York	2008
	Sr	Sean McKillop	22.53	Winnipeg	1993

300m	B	Shomesh Chaudhuri	43.67	Scarborough	2003
	M	Jordan Miller	39.95	York	2005
	Y	Asa Ambrose	36.62	London	2008
	Jr	Asa Ambrose	36.62	London	2008
	Sr	Sean McKillop	35.3*	U of Toronto	1993
400m	B	Shomesh Chaudhuri	01:01.13	Windsor	2003
	M	Chris Wagner	53*	Windsor	1991
	Y	Charles Pullin	52.2*	Windsor	1991
	Jr	Chris Wagner	50.7*	York	1994
	Sr	Chris Wagner	50.7*	York	1994
600m	B	Unclaimed			
	M	Scott Buttinger	01:33.99	Scarborough	2009
	Y	Trevor Salmon	01:28.58	York	2008
	Jr	Drew Barisdale	01:25.6*	London	1994
	Sr	Drew Barisdale	01:21.9*	Sherbrooke	1996
800m	B	Scott Buttinger	02:25.45	Windsor	2007
	M	Trevor Salmon	02:11.81	York	2006
	Y	Trevor Salmon	02:03.40	York	2008
	Jr	Kyle Desormeaux	01:58.14	York	2000
	Sr	Kyle Desormeaux	01:58.14	York	2000
1000m	B	Unclaimed	-	-	-
	M	Reuben Closs	02:59*	London	1993
	Y	Zoran Vuckovic	02:45*	Windsor	1988
	Jr	Zoran Vuckovic	02:45*	Windsor	1988
	Sr	Jim Seeds	02:31.6*	Missouri	1991
1500m	B	Nick Bedi	05:12.24	York	2009
	M	Scott Buttinger	04:33.97	York	2009
	Y	Adam Hortain	04:10.37	Windsor	2001
	Jr	Josh Morrison	04:01.22	York	2000
	Sr	Josh Morrison	04:01.22	York	2000

3000m	B	Unclaimed	-	-	-
	M	James Milton	10:08.74	York	2009
	Y	Adam Hortain	08:53.45	Windsor	2001
	Jr	Josh Morrison	08:41.67	York	2000
	Sr	Josh Morrison	08:41.67	York	2000

RELAYS

4X200	B	Aaron Lebold, Madalitso Mchaina, Nick Bedi, Conor Finnigan	02:05.58	York	2009
	M	Keegan Calder, Jordan Sherwood, Aaron Stemmler, Michael Keba	01:44.22	York	2009
	Y	Andrew Thibaudeau, Robert Halford, Talon Guerra, Wes Palmer	01:37.45	York	2008
	Jr	Andrew Thibaudeau, Robert Halford, Talon Guerra, Wes Palmer	01:37.45	York	2008
	Sr	Sean McKillop, Anton Atkins, Chris Wagner, Rich Messam	01:30.1*	Windsor	1993

4X400	B	Unclaimed	-	-	-
	M	Unclaimed	-	-	-
	Y	Jordan Miller-Smith, Trevor Salmon, Phil O'Donnell, Richard Henkel	03:50.45	York	2007
	Jr	Jordan Miller-Smith, Trevor Salmon, Phil O'Donnell, Richard Henkel	03:50.45	York	2007
	Sr	Jordan Miller-Smith, Trevor Salmon, Phil O'Donnell, Richard Henkel	03:50.45	York	2007

4x800	B	Unclaimed	-	-	-
	M	Unclaimed	-	-	-
	Y	Unclaimed	-	-	-
	Jr	Unclaimed	-	-	-
	Sr	Unclaimed	-	-	-

1600 Medley	B	Aaron Lebold, Madalitso Mchaina, Nick Bedi, Conor Finnigan	04:57.09	York	2009
	M	James Milton, Keegan Calder, Javier Fuentes Martinez, Scott Buttinger	04:16.67	York	2009

Y	Oliver Grant, Andrew Thibaudeau, Robert Halford, Trevor Salmon	03:50.73	York	2008
Jr	Oliver Grant, Chris Karley, Trevor Salmon, Cory Giroux	03:49.04	York	2009
Sr	Oliver Grant, Chris Karley, Trevor Salmon, Cory Giroux	03:49.04	York	2009

FIELD

Long Jump

B	Tyler Marshall	5.18	York	2001
M	Mitch O'Donnell	6.10	York	2009
Y	Jeremy Yang	6.67	York	2006
Jr	Jeremy Yang	6.88	York	2007
Sr	Jason Goetz	6.68	York	2003

Triple Jump

B	Tyler Marshall	10.26	Windsor	2001
M	Asa Ambrose	13.10	Windsor	2006
Y	Dwayne Harriot	14.78	York	2003
Jr	Dwayne Harriot	14.78	Windsor	2003
Sr	Dwayne Harriot	14.78	Windsor	2003

High Jump

B	Unclaimed	-	-	-
M	Eric Xu, Calvin Arsenault, Kee	1.70	York	2000, 2008, 2009
Y	Brian Major	1.93	York	2006
	Jordan Dobson	1.93	York	2006
Jr	Brian Major	1.93	York	2006
	Jordan Dobson	1.93	York	2006
Sr	Brian Major	1.93	York	2006
	Jordan Dobson	1.93	York	2006

Shot Put	B	Unclaimed	-	-	-
	M	Nate Wilson	11.27	York	1999
	Y	Unclaimed	-	-	-
	Jr	Unclaimed	-	-	-
	Sr	Unclaimed	-	-	-
Multi(Pent)	Jr	Unclaimed	-	-	-